

Sample Social Media Posts

Connect Service members with DoD Safe Helpline using social media sites, such as Facebook and Twitter:

Twitter

1. Need to talk? Get specialized support for sexual assault survivors in the military at safehelpline.org or by calling 877-995-5247.
2. Want to know more about supporting a victim of sexual assault in the military? safehelpline.org has the resources for you.
3. Download the #SafeHelpline App for your Apple mobile device for self-care options on the go: <https://itunes.apple.com/us/app/dod-safe-helpline/id536773115?mt=8>
4. Download the #SafeHelpline App for your Android mobile device for self-care options on the go: <https://play.google.com/store/apps/details?id=org.rainn.SafeHelpline>
5. Connect to an online community of sexual assault survivors in the military twice a month through the Safe HelpRoom. Topic-specific sessions make it easy to connect with other survivors & discuss what's important to you. Learn more: SafeHelpline.org/safe-helproom
6. Are you a sexual assault survivor retiring from the military? Find resources to help make the process easier at DoD #SafeHelpline. safehelpline.org
7. Male survivors of sexual assault can find anonymous, confidential support 24/7 at safehelpline.org or by calling 877-995-5247. #SafeHelpline

Facebook

1. Are you a survivor of sexual assault in the military? Get the help you need at safehelpline.org.
2. DoD Safe Helpline is an anonymous support service for sexual assault survivors in the military. We don't need to know who you are to get you the help you deserve. safehelpline.org
3. Survivors of sexual assault in the military can get free, anonymous, support from anywhere in the world, 24/7 with the Safe Helpline Self-Care App. Download the App to your Apple or Android device today!
4. Learn about reporting options and get information on available resources for sexual assault survivors in the military at safehelpline.org or by calling 877-995-5247.
5. Want to connect with other survivors of sexual assault in the military? Safe HelpRoom is an anonymous group chat service that allows survivors to support one another in a safe online environment. Topic-specific sessions make it easy to connect with other survivors and discuss what's important to you. Visit SafeHelpline.org/Safe-HelpRoom to learn about upcoming sessions.
6. Male survivors of sexual assault can find anonymous, confidential support 24/7 at safehelpline.org or by calling 877-995-5247. Get the help you need, when you need it. #SafeHelpline